

Name	Run	Year	Solo/Relay
Nash Mader	3:44	2025	relay
Will Kellar (SUP)	3:55	2022	Solo
Lucien-Thomas Crannell	4:09	2025	relay
Will Kellar (SUP)	4:12	2021	Solo
Tim Sheepen (SUP)	4:17	2013	solo
Chad Stewart (kayak/road bike)	4:18	2007	solo
Connor Neary	4:21	2022	Run only
Tim Sheepen (SUP)	4:22	2016	solo
Martha Blackwell	4:29	2015	relay
Mark Philobosian	4:33	2024	Relay
Peter Aster (stock)	4:37	2021	Solo
Clay Faulkner	4:39	2022	Relay
Devon Kelsey	4:40	2022	Relay
Connor Nemetz (UL)	4:44	2021	Solo
Lenny ??	4:44	2012	relay
Devon Kelsey	4:44	2025	relay
Ryan Rosdial	4:48	2013	relay
Devon Kelsey	4:49	2021	Relay
Shankar Tillotson (14')	4:49	2016	solo
Dan Fawcett (SUP)	4:49	2015	solo
Devon Kelsey	4:50	2019	Relay
Dallas Hansen (stock)	4:51	2018	Solo
Michael Morando	4:52	2025	relay
Josh Ruiz	4:53	2022	Relay
Eric Pierce	4:53	2023	Relay
Patrick Farrell (UL)	4:55	2022	Solo
Nick Koepenick (stock)	4:55	2013	solo
Alden Blair (stock)	4:56	2025	solo
Lennard Hachmann (kayak)	4:56	2011	solo
Tim Sheepen (kayak)	4:56	2011	solo
Matthew Miranda (kayak)	4:57	2011	solo
Dallas Hansen (stock)	5:01	2019	Solo
Hugh Montgomery	5:01	2018	Relay
Jay Ritterbeck (kayak)	5:01	2011	solo
Jeff Edman	5:02	2010	solo
Matt Osborne	5:02	2010	solo
Tom Whitacker	5:03	2011	relay
Gina Fennel	5:03	2010	relay
Matt Osbourne (14')	5:04	2012	solo
Bob Banks (stock)	5:06	2018	Solo
Colin McCrindle (stock)	5:06	2011	solo
Gina Fennel	5:06	2011	relay
Jeff Edmund (UL)	5:07	2012	solo
Matt Osborne (stock)	5:07	2011	solo
Connor Nemetz (stock)	5:08	2022	Solo

Nick Koepenick (stock)	5:09	2016	solo
Rob Hazard (SUP)	5:09	2011	solo
Matt Osborne (14')	5:10	2014	solo
Roland Lewin (kayak)	5:10	2007	solo
Nick Koepenick (stock)	5:11	2014	solo
Phillip Nigh (surf ski)	5:11	2011	solo
Shaun Bahne (stock)	5:12	2025	solo
Ryan Rosdial	5:16	2014	relay
Steve Miley	5:16	2014	relay
Lindsey MacManus	5:16	2013	relay
Marisa Halbeisen (SUP)	5:17	2019	Solo
Matt Osbourne (14')	5:17	2018	Solo
Bob Banks (stock)	5:20	2015	solo
Roland Lewin (kayak)	5:20	2004	solo
Colin McCrindle (stock)	5:21	2018	Solo
Jeff Stern (kayak)	5:21	2012	solo
Bobby Lanoue (stock)	5:23	2019	Solo
Randall Kopf (SUP)	5:23	2011	solo
Greg Taylor	5:26	2010	solo
Sheri Hammond	5:27	2011	relay
Bob Banks	5:28	2010	solo
Matt Tague	5:29	2017	Relay
Mark Pickering (stock)	5:30	2016	solo
Dan Mann (UL)	5:31	2019	Solo
Nick Koepenick (stock)	5:31	2015	solo
Casey Hare (kayak)	5:32	2007	solo
Stuart Sato (kayak)	5:32	2004	solo
Hugh Montgomery (stock)	5:33	2021	Solo
Bob Tanner (SUP)	5:33	2016	solo
Greg Taylor (UL)	5:33	2016	solo
Nanette Bercu (SUP)	5:34	2016	solo
Patrick McDermott (14')	5:35	2016	solo
Nick Koepenick (stock)	5:36	2021	Solo
Paul Cuthbert (SUP)	5:36	2025	solo
Nick Ducasse	5:37	2022	Relay
Nick Koepenick (stock)	5:37	2019	Solo
Nick Koepenick (stock)	5:37	2018	Solo
Jeremy Ellis	5:38	2012	relay
Kole Hicks (UL)	5:40	2025	solo
Casey Bryson (kayak)	5:41	2011	solo
Tom Himmerich (kayak)	5:41	2011	solo
Matt Brody (stock)	5:43	2015	solo
Andrew Wedel (SUP)	5:43	2011	solo
Greg Taylor (14')	5:43	2011	solo
Eddie Luparello (UL)	5:44	2018	Solo
Ashley Edwards	5:45	2013	relay
John Thompson (UL)	5:46	2016	solo

Steve Miley (kayak)	5:46	2007	solo
Ashley Edwards	5:47	2011	relay
Dallas Hansen (stock)	5:48	2017	solo
Hugh Montgomery (14')	5:48	2017	solo
Ray Unzueta (kayak)	5:48	2004	solo
Lucas Grant	5:50	2022	Relay
Tom Straub	5:50	2021	Relay
Bob Banks (stock)	5:50	2017	solo
Ashley Edwards	5:50	2010	relay
Glen Ohler (SUP)	5:51	2017	solo
Ken Ardouin (UL)	5:52	2014	solo
Dan Mann (UL)	5:53	2018	Solo
Patrick McDermott (stock)	5:53	2015	solo
Mark Pickering	5:53	2014	relay
Heather Allen (stock)	5:53	2011	solo
Christina Powers	5:55	2010	solo
Kyle Folks	5:55	2025	relay
Mike Postma	5:56	2010	solo
Ashley Edwards	5:57	2012	relay
Cody Westheimer (SUP)	5:58	2022	Solo
Eric Gatti (14')	6:00	2024	Solo
Mike Postma	6:00	2007	solo
Matt Osbourne (14')	6:01	2017	solo
Ash Edwards	6:01	2015	relay
Myles Menegon	6:02	2024	Relay
Liston Foster	6:02	2021	Relay
Matt Brody (stock)	6:02	2016	solo
Tom Himmelrich (SUP)	6:03	2017	solo
James Mellor (14')	6:04	2015	solo
Casey Hare (surf ski)	6:07	2011	solo
James Mellor (14')	6:08	2016	solo
Bob Tanner (SUP)	6:09	2015	solo
Bob Banks (stock)	6:09	2013	solo
Emily Muller	6:10	2025	relay
Mike Postma (UL)	6:12	2011	solo
Spencer Gordon	6:13	2024	Relay
Matt Jones (stock)	6:15	2019	Solo
Ash Edwards	6:15	2014	relay
Ethan Kyle	6:16	2025	Run only
Nick Koepenick (stock)	6:17	2022	Solo
Fernando Maldonado	6:18	2021	Relay
Tyler Steel (UL)	6:19	2019	Solo
Graham McKenzie (UL)	6:19	2025	solo
Mike Postma (UL)	6:20	2012	solo
Paul Sant (kayak)	6:21	2018	Solo
Justin Moore (14')	6:21	2017	solo
Pete Shepherd	6:22	2012	relay

Nick Koepenick (stock)	6:23	2024	Solo
Patrick McDermott (14')	6:23	2019	Solo
Rocky Manning (stock)	6:25	2024	Solo
Mike Postma (UL)	6:27	2015	solo
Chris Kolendrianos (14')	6:28	2016	solo
Mike Postma	6:28	2009	solo
Matt Osbourne (SUP)	6:30	2021	Solo
Tom Himmelrich (SUP)	6:30	2021	Solo
Liston Foster	6:30	2017	relay
Tivon Williams (stock)	6:32	2024	Solo
Chris Massanari (?)	6:32	2024	Solo
Matt Brody (14')	6:33	2018	Solo
Patrick McDermott (14')	6:35	2022	Solo
Sten Ericson (UL)	6:36	2018	Solo
Myles Menegon (14')	6:36	2023	Solo
Heather Allen (stock)	6:37	2013	solo
Bobby Lanoue (stock)	6:40	2017	solo
Patrick McDermott (14')	6:40	2017	solo
Heather Allen (stock)	6:40	2014	solo
John Thompson (stock)	6:40	2012	solo
Matt Osborne (SUP)	6:41	2024	Solo
Matt Osborne (14')	6:45	2016	solo
Patrick McDermott (14')	6:45	2014	solo
Matt Delasalle (SUP)	6:49	2014	solo
John Thompson (UL)	6:51	2021	Solo
John Thompson (UL)	6:52	2014	solo
Jamie Stewart	6:54	2012	relay
Jon Loren (UL)	6:55	2019	Solo
John Thompson (UL)	6:55	2013	solo
Griffin Dyne	6:57	2023	Solo
Mike Postma (UL)	7:00	2016	solo
Mike Postma (UL)	7:00	2013	solo
Jeff Denier (14')	7:00	2025	solo
Angel Ball	7:04	2025	relay
Cale Smith (14')	7:05	2023	Solo
Mike Postma (UL)	7:05	2014	solo
Mike Postma (UL)	7:06	2019	Solo
Justin Moore (stock)	7:07	2015	solo
Eddie Luparello (stock)	7:09	2017	solo
Nick Koepenick (stock)	7:09	2017	solo
Bob Tanner (SUP)	7:09	2014	solo
Greg Taylor (stock)	7:09	2014	solo
Chris Russell (UL)	7:11	2019	Solo
Mike Tarpey (SUP)	7:12	2014	solo
Matt Brody (14')	7:13	2019	Solo
Angel Ball	7:15	2024	Relay
Tom Sichi (stock)	7:22	2021	Solo

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