

2011 GAVIOTA OCR ocean canyon ridge

ENTRY FORM

Race date: May 21, 2011

Name:

Age:

Phone:

Email:

Paddle only

Relay

Solo

Paddle Division: UL 14' Stock SUP Kayak Other

Crew:

Contact # during the race:

Waiver and Release of Liability:

I fully realize the dangers of open ocean water activities, as well as the dangers of running and biking long distances, all in potentially inclement weather and possibly fatal conditions. I am aware that I need to provide support (transportation and nutrition) and assume all risks of participating in this event. I understand that endurance events such as the OCR have inherent risks, including death, and I acknowledge that I am fully fit, aware of the description of the course, the dangers presented within the course, and I am trained to endure the rigors of such an event.

I waive and release any and all rights I might have in the future to take legal action against the organizers of the Gaviota OCR race for any injuries (including death) I may receive related to participation in this event.

Signature:

Date:

Mail entry forms to: Gaviota OCR
76 Machester Pl
Goleta, CA 93117